

LOSE YOUR ADDICTION TO VAPING

Vaping nicotine can increase your stress, anxiety, and depression.

Nicotine is highly addictive.

This is how the tobacco industry keeps you hooked.

QUIT VAPING TODAY!

Text: DropTheVape to 88709

Get free, 24/7 confidential support and advice from other young people, and motivation to keep you strong.



Department
of Health