

FEELING ALONE VAPING?

Vaping nicotine can increase your stress, anxiety, and depression.

Nicotine is highly addictive.

This is how the tobacco industry keeps you hooked.

QUIT VAPING TODAY!

Text: DropTheVape to 88709

Get free, 24/7 confidential support and advice from other young people, and motivation to keep you strong.



Department
of Health