### About us.

FDRHPO was founded in 2005 to connect Fort Drum Soldiers and families with quality healthcare in the North Country, and we are still dedicated to this goal today. However, our work extends beyond Fort Drum, as we work to strengthen the System for Health for all individuals living in Jefferson, Lewis and St. Lawrence counties – civilians and Soldiers alike.



#### Want to know more?

Contact us:

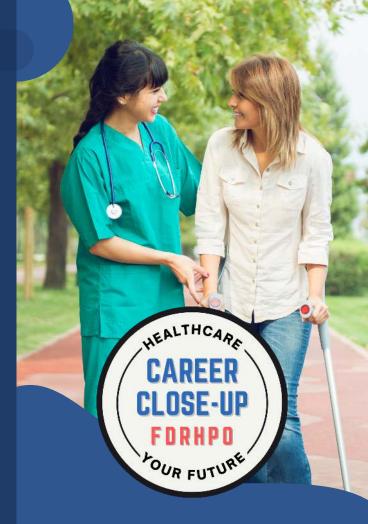


#### **FDRHPO**

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## **THERAPY**

Physical Therapist
Assistant

PTA

in Northern New York State





### What do PTAs do?

Physical Therapist Assistants (PTAs) work under the direction of a physical therapist (PT) to provide services that relieve pain and improve mobility for patients who are recovering from physical injuries, diseases, or disabilities.

- Help patients with stretching exercises or using exercise equipment
- Applying hot or cold packs
- Administering traction and massage
- Training in gait and balance skills
- Teach patients to use braces and crutches

## Where do PTAs work?

The majority of PTA jobs are in physical therapy practices, offices and hospitals. PTAs may also be found in nursing homes, home health agencies, and rehabilitation centers.



# Are jobs available in Northern NY?

Absolutely, yes! Between 2016 and 2026 the number of jobs will increase by 31% nationwide and will increase by 3% in New York.



# How much do PTAs make?

The NYS Department of Labor reports that PTAs in New York earned an average annual salary of \$54,870 (entry level-\$29,930, experienced-\$78,040).

### O1. How do I become a PTA?

PTAs must complete a two-year physical therapist assistant program that is registered with New York State or accredited by the American Physical Therapy Association (APTA).

## Where can I find an education program?

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There are many accredited programs in the surrounding area. To view a complete list, please visit www.healthcareersinfo.net/physical-therapist-assistants/

## NYS Licensure Requirements

Successful completion of a PTA education program that is registered with the New York State Education Department or accredited by the APTA. PTAs must also pass the National Physical Therapist Assistant Examination administered by the Federation of State Boards of Physical Therapy.